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Sexy, Fit & Fab Sirens: A Sexy Collaboration Of Fabulous Women Sharing Their Secrets To Success



Synopsis

Sexy, Fit & Fab Sirens: A Sexy Collaboration of Fabulous Women Sharing Their Secrets to Success
24 Contributing Authors: Kim Somers Egelsee, Jeanette Ortega, Monica Blanco, Sheri Fink, Karla Keene, Danielle Augustin, Shaeny Hagey, Monick Halm, Amy Stahovich, Yin Chang, JenÃ©e Dana, Kristina Mitchell, Kristina Johnson, Casey Krebs, Stephanie Dreyer, Sherri Boyer, Jaime Kalman, Katy Bray, Sylvia Armas-Abad, Jacqueline Kettle, Vivian Pulliam, Fran Boytos, Claudia Cooley, Nancy Somers. Foreword by Erin Cottrell; Special Introduction by Alexis Carra. Have you ever wondered what the secrets to feeling sexy and self-confident are, after youâ™ve experienced obstacles or hardships in life? Feeling blah, like youâ™ve lost your looks and your passion for life? Discover ways in which in you can learn how to make the most of your assets and discover your beauty from the inside out, fall in love with yourself, and transform your life. Susie Augustin shared her stories and challenges in *Sexy, Fit & Fab at Any Age!* to inspire women to develop their essences, exude confidence, embrace their true selves and feel extraordinary. In *Sexy, Fit & Fab Sirens*, she invited 24 *Sexy, Fit & Fab* women of all ages (20â™s through 70â™s) to contribute their own stories of overcoming obstacles to obtain success, as well as reveal *Sexy Tips* on how to live a balanced life, increase your confidence, follow your passions and feel **SEXY!** In *Sexy, Fit & Fab Sirens*, youâ™ll explore six different categories with all types of women who you are sure to resonate with. Which category do you most fit? **INSPIRE** - Leadership is **Sexy** **ACHIEVE** - Success is **Sexy** **INNOVATIVE** - Empowerment is **Sexy** **CONFIDENT** - Determination is **Sexy** **STRENGTH** - Growth is **Sexy** **AGELESS** - **Sexy over Sixty**

Book Information

Paperback: 118 pages

Publisher: Get Branded Press (July 1, 2014)

Language: English

ISBN-10: 0977001865

ISBN-13: 978-0977001866

Product Dimensions: 5.2 x 0.3 x 8 inches

Shipping Weight: 5.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 12 customer reviews

Best Sellers Rank: #2,367,947 in Books (See Top 100 in Books) #29 inÂ Books > Business & Money > Business Culture > Fashion & Image #180 inÂ Books > Health, Fitness & Dieting > Aging > Beauty, Grooming & Style #219 inÂ Books > Health, Fitness & Dieting > Aging > Diets &

Customer Reviews

ABOUT THE AUTHOR Susie Augustin is the Bestselling Author of *Sexy, Fit & Fab at Any Age!*, Beverly Hills Book Awards Winner (Body/Mind/Spirit category) and International Book Awards Finalist (Women's Issues). Her Writing, Publishing and Speaking has garnered her Awards and Nominations including Willow Tree Women's Circle's "Extraordinary Woman Award" • (2012 & 2013), Today's Innovate Woman's "Innovative Woman of the Week" • (2013) and "Success Summit Award" • (Finalist 2013). Susie is a Beauty and Sex Appeal Expert with 20 years experience working with some of the world's most well-known and top rated beauty companies. She is committed to helping women increase their self-confidence and improve their body image through exploring their inner and outer beauty, inspiring them to develop their essences, exude confidence, embrace their true selves and feel extraordinary. Susie is a Certified 10+ Life Coach and offers Book Coaching, Editing and Publishing with her Writing to Wow! programs. Susie is the "How to Write a Book" • Expert at LessonsfromNetwork.com.

I don't write reviews very often, but after reading through this book I felt compelled. When life gets rough and you need a "pick me up" this is my new "go to" book for courage and inspiration. It's a collection of stories from REAL women who have gone through life and came out of the tough times better women. The world needs more stories to be told like these. The women in *Sexy, Fit & Fab Sirens* are my heroines and they are with me in my heart everyday as I go through my own life. Don't miss out on this gem of a book. It's uplifting and encouraging, and we can all use that in today's world!

Susie Augustin brought a group of dynamic women together to create a book that empowers women and gives hope to all. The women share personal struggles and triumphs and not just what happened but how they overcame their battles. Women of varying ages, and different backgrounds created a unified message of empowerment!

Sexy, Fit & Fab Sirens is one of my new favorites as I embrace the collaboration of 25 women who share their stories with a deep level of truth, honesty and self-love. Susie Augustin has created a book for all women to enjoy and know you'll be as inspired as I was. It was a joyful experience to read her book!

love it ... really good stories

You don't want to go to a dentist who has crooked teeth, right? And you don't want to ask for beauty advice from someone who cannot take care of herself, right? Susie Augustin set a perfect example of what a sexy, fit and fabulous woman is like. In her book "Sexy, Fit & Fab Sirens", Susie pulls back the curtain and shares her behind-the-scene secret to give the readers a guidance of how to be as sexy, fit and fabulous as her. Alongside with Susie are the inspiring individuals who exudes their greatness by showing their takes on the 6 categories that Susie believes in - Inspire, Achieve, Innovative, Confident, strength and ageless. Anyone who follows the wisdom in this book will find that they are on the road to claim to be sexy, fit and fabulous as Susie.

It's rare when a book comes along that has all the ingredients required to support women in creating and living a sexy, fit, and fabulous life without the old adage that sexy is only about the external shell. This wonderful book has all the ingredients the reader requires to be encouraged, inspired, and motivated to access first the beauty within to more wholly and fully shine the beauty without. This book will help you identify where your sexy power lies and how to allow it to emerge from within you so you can have a rocking life at any age and any stage.

I am a HUGE fan of Susie Augustin's! I was gifted the first book by a friend who clearly knew I love anything leopard and sexy. The book covers alone are calling my name. Susie has done it again with SIRENS. This book is Chicken Soup for the SEXY PEOPLE! I don't mean physically sexy, but sexy as a way of being. Sexy is created thru confidence and experience. Susie found many inspiring SIRENS to tell their stories and share their experiences. What an amazing read and a great reminder of how special we all are. Susie as an author really comes across to her readers and writes in a way that is fun and relatable to everyone. Be you and be fabulous no matter what life throws at you.

Susie did it again and created a star quality magical book to inspire and empower people to live their dreams, overcome obstacles and reach for the stars. -Kim Somers Egelsee #1 best selling author of Getting your life to a Ten +

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